



Scottish Athletics Federation

TSB DISTRICT CHAMPIONSHIPS

AT
CUMNOCK

30TH NOVEMBER, 1996



RESULTS...



MAJOR SPONSORS OF BRITISH ATHLETICS

WEST DISTRICT CHAMPIONSHIPS

U13 GIRLS

1.	C, FORREST	CITY OF GLASGOW AC	13.04
2.	E. KERR	NITHSDALE AC	13.25
3.	G. WEILD	ANNAN & DISTRICT AC	13.28
4.	D. KEIR	CITY OF GLASGOW AC	13.51
5.	S. SHANKS	JW KILMARNOCK HARRIERS	13.55
6.	V. RALTON	KIRKINTILLOCH OLYMPIANS	13.57
7.	L. SMITH	ANNAN & DISTRICT AC	14.01
8.	L. YOUNG	CUMNOCK & DISTRICT	14.11
9.	A. LEGG	ANNAN & DISTRICT AC	14.19
10.	J. QUEEN	KILBARCHAN AAC	14.22
11.	G. BELL	GREENOCK GLENPARK HARRIERS	14.28
12.	L. McMAHON	AIRDRIE HARRIERS	14.29
13.	C. TAYLOR	GIRVAN AAC	14.35
14.	C. McCRONE	CAMBUSLANG HARRIERS	14.43
15.	M. GIBSON	GIRVAN AAC	14.54
16.	S. MILLS	JW KILMARNOCK HARRIERS	14.58
17.	J. MUIR	Unattached	14.59
18.	A. JOHNSTON	GLENIFFER HIGH SCHOOL	15.01
19.	L. PATTISON	GLENIFFER HIGH SCHOOL	15.01
20.	L. URQUHART	KIRKINTILLOCH OLYMPIANS	15.05
21.	K. MCFARLANE	AYR SEAFORTH AC	15.23
22.	S. STEWARD	GLENIFFER HIGH SCHOOL	15.25
23.	D. McCOLL	GLENIFFER HIGHSCHOOL	15.26
24.	S. SMITH	GLENIFFER HIGH SCHOOL	15.28
25.	K. McGARRY	IRVINE AC	15.30
26.	L. PATERSON	CUMNOCK & DISTRICT	15.35
27.	C. SOMERS	ANNAN & DISTRICT AC	15.35
28.	C. BLUNN	GLENIFFER HIGH SCHOOL	15.47
29.	A. TRAYNOR	IRVINE AC	15.50
30.	A. MOYES	AIRDRIE HARRIERS	15.58
31.	J. BARBER	KIRKINTILLOCH OLYMPIANS	16.00
32.	J. McCORMACK	AYR SEAFORTH AC	16.02
33.	A. HARDY	CITY OF GLASGOW AC	16.07
34.	G. MERRICK	STEWARTRY AC	16.07
35.	L. BULL	ANNAN & DISTRICT	16.22
36.	L. CHRISTIE	GLENIFFER HIGH SCHOOL	16.30
37.	C. SMITH	GIFFNOCK NORTH AAC	16.31
38.	S. SINCLAIR	CITY OF GLASGOW	16.43
39.	L. EAGLESHAM	CAMBUSLANG HARRIERS	17.01
40.	L. SHARP	CITY OF GLASGOW	17.06
41.	C. TOWNSEND	KILBARCHAN AAC	17.08
42.	Y. McALLISTER	AIRDRIE HARRIERS	17.12
43.	J. COOK	GIFFNOCK NORTH AAC	17.28
44.	K. ROSS	KILBARCHAN AAC	17.41
45.	L. INNES	NITHSDALE AC	17.51
46.	G. HOUSTON	JW KILMARNOCK HARRIERS	17.57
47.	L. GARRETT	GLENIFFER HIGH SCHOOL	18.28
48.	K. SCOTT	CITY OF GLASGOW	19.16
49.	M. LAFFERTY	CITY OF GLASGOW	19.21

U13 GIRLS continued

TEAMS

1.	Annan & District A.C.			
	G. Weild (3)	L. Smith (7)	A. Legg (9)	Total 19 Points
2.	City of Glasgow A.C.			
	C. Forrest (1)	D. Keir (4)	A. Hardy (33)	38 Points
3.	Kirkintilloch Olympians A.C.			
	V. Ralton (6)	L. Urquhart (20)	J. Barber (31)	57 Points
4.	Gleniffer High School			
	A. Johnston (18)	L. Pattison (19)	S. Steward (22)	59 Points
5.	JW Kilmarnock Harriers			
	S. Shanks (5)	S. Mills (16)	G. Houston (46)	67 Points
6.	Airdrie Harriers			
	L. McMahon (12)	A. Moyes (30)	Y. McAllister (42)	84 Points
7.	Kilbarchan AC			
	J. Queen (10)	C. Townsend (41)	K. Ross (44)	95 Points

WEST DISTRICT CHAMPIONSHIPS

U13 BOYS

1.	C. CRAWFORD	VICTORIA PARK AAC	11.52
2.	S. REID	LAW & DISTRICT AC	11.59
3.	D. McKEATING	AYR SEAFORTH AC	12.06
4.	C. BODYS	CUMNOCK & DISTRICT AC	12.09
5.	J. MacLACHLAN	GIFFNOCK NORTH AC	12.10
6.	J. PAL	CAMBUSLANG HARRIERS AC	12.10
7.	J. DONNELLY	IBM SPANGO VALLEY AC	12.26
8.	A. STEVENS	CAMBUSLANG HARRIERS AC	12.28
9.	J. MURPHY	CAMBUSLANG HARRIERS AC	12.30
10.	G. ROSS	GIFFNOCK NORTH AC	12.33
11.	J. McLAREN	SHETTLESTON HARRIERS	12.34
12.	S. LAWLEY	LAW & DISTRICT AC	12.36
13.	I. BERTRAM	VICTORIA PARK AC	12.36
14.	J. WALKER	GIFFNOCK NORTH AC	12.40
15.	C. LAVERY	VICTORIA PARK AC	12.41
16.	S. PORTE	LAW & DISTRICT AC	12.41
17.	S. MILLIGAN	GIFFNOCK NORTH AC	12.44
18.	D. DUFF	SHETTLESTON HARRIERS	12.46
19.	K. BERRY	GIRVAN AAC	12.53
20.	M. McGRATH	SHETTLESTON HARRIERS	12.55
21.	D. DOUGAN	IBM SPANGO VALLEY AC	12.59
22.	S. DUNFORD	CAMBUSLANG HARRIERS AC	13.02
23.	C. SMITH	VICTORIA PARK AC	13.02
24.	D. MALIN	NITHSDALE AC	13.02
25.	D. CAMPBELL	LAW & DISTRICT AC	13.04
26.	A. SCOTT	CAMBUSLANG HARRIERS AC	13.06
27.	L. MALIN	NITHSDALE AC	13.06
28.	N. BARCLAY	EAST KILBRIDE AC	13.09
29.	R. DOUGLAS	LARKHALL YMCA HARRIERS	13.11
30.	C. HEATHCOTE	AYR SEAFORTH AC	13.19
31.	D. YOUNG	CAMBUSLANG HARRIERS AC	13.20
32.	S. McDOWALL	KIRKINTILLOCH OLYMPIANS	13.22
33.	K. CHAPLIN	GIFFNOCK NORTH AC	13.26
34.	C. MAY	GLENIFFER HIGH SCHOOL	13.29
35.	I. JACK	AIRDRIE HARRIERS AC	13.29
36.	C. DONALDSON	AIRDRIE HARRIERS AC	13.31
37.	G. BROWN	GLENIFFER HIGH SCHOOL	13.37
38.	R. COLQUHOUN	SHETTLESTON HARRIERS	13.37
39.	D. BARR	GLENIFFER HIGH SCHOOL	13.39
40.	M. McGOWAN	VICTORIA PARK AC	13.40
41.	W. ROSSBOROUGH	CLYDESDALE HARRIERS	13.42
42.	P. BIRKETT	ANNAN & DISTRICT AC	13.43
43.	R. McNEILL	KIRKINTILLOCH OLYMPIANS	13.43
44.	J. PRESTON	IRVINE AC	13.48
45.	B. DICKSON	NITHSDALE AC	13.50
46.	B. WEATHERSTON	GIFFNOCK NORTH AC	13.51
47.	D. BANNERMAN	GLENIFFER HIGH SCHOOL	13.54
48.	G. NISBET	GIFFNOCK NORTH AC	13.56
49.	R. BLAIR	GARSCUBE HARRIERS	14.01
50.	D. KELSEY	CAMBUSLANG HARRIERS	14.01
51.	R. MURPHY	GARSCUBE HARRIERS	14.01
52.	C. MORLAND	GIRVAN AAC	14.05
53.	R. TURBETT	IBM SPANGO VALLEY	14.10
54.	N. GALBRAITH	GLENIFFER HIGH SCHOOL	14.11
55.	N. McGHEE	GLENIFFER HIGH SCHOOL	14.13
56.	S. DAVIES	KIRKINTILLOCH OLYMPIANS	14.23
57.	A. DENHAM	KIRKINTILLOCH OLYMPIANS	14.27
58.	S. LIVINGSTONE	JW KILMARNOCK	14.41
59.	P. McDONALD	KIRKINTILLOCH OLYMPIANS	14.54

WEST DISTRICT CHAMPIONSHIPS

U13 BOYS - Contd

60.	R. BURNS	KILBARCHAN AC	14.59
61.	R. MAIR	JW KILMARNOCK	15.04
62.	F. ROSS	GLENIFFER HIGH SCHOOL	15.46

TEAMS

1	CAMBUSLANG HARRIERS			
	J. Pal (6)	A. Stevens (8)	J. Murphy (9)	23 points
2	GIFFNOCK NORTH			
	J. McLachlan (5)	G. Ross (10)	J. Walker (14)	29 Points
3	VICTORIA PARK AAC			
	C. Crawford (1)	I. Bertram (13)	C. Lavery (15)	29 Points
4	LAW & DISTRICT AAC			
	S. Reid (2)	D. Lawley (12)	S. Porte (16)	30 Points
5	SHETTLESTON HARRIERS			
	J. McLaren (11)	D. Duff (18)	M. McGrath (20)	49 Points
6	IBM SPANGO VALLEY AC			
	J. Donnelly (7)	C. Dougan (21)	R. Turbett (53)	81 Points
7	NITHSDALE AC			
	D. Malin (24)	L. Malin (27)	B. Dickson (45)	96 Points
8	GLENIFFER HIGH SCHOOL			
	C. May (34)	G. Brown (37)	D. Barr (39)	110 Points
9	KIRKINTILLOCH OLYMPIANS			
	S. McDowall (32)	R. McNeill (43)	S. Davies (56)	131 Points

WEST DISTRICT CHAMPIONSHIPS

U15 GIRLS

1.	C. FAGAN	CITY OF GLASGOW AC	16.35
2.	D. SMITH	HELENSBURGH AC	16.57
3.	S. STEVENSON	GIFFNOCK NORTH AC	17.22
4.	R. ARMSTRONG	STEWARTRY AC	17.35
5.	S. McGRENAGHAN	KILBARCHAN AAC	17.50
6.	L. MacRAE	CITY OF GLASGOW AC	17.58
7.	M. CAMERON	CITY OF GLASGOW AC	18.05
8.	C. CAMPBELL	JW KILMARNOCK	18.08
9.	E. McGAHON	AYR SEAFORTH	18.11
10.	P. McNELIS	IBM SPANGO VALLEY	18.14
11.	R. CLARK	AYR SEAFORTH	18.21
12.	R. ANDERSON	NITSHDALE AC	18.22
13.	S. MAXWELL	CITY OF GLASGOW AC	18.26
14.	S. McKENZIE	GIFFNOCK NORTH AC	18.30
15.	K. YULE	KILBARCHAN AC	18.38
16.	D. KERR	GLENIFFER HIGH SCHOOL	18.40
17.	L. McLAUGHLIN	GREENOCK GLENPARK HARRIERS	18.50
18.	L. NEWTON	VICTORIA PARK AC	18.59
19.	J. STEELE	CUMNOCK & DISTRICT AC	19.13
20.	L. MOONEY	EAST KILBRIDE AC	19.41
21.	L. FARMER	CAMBUSLANG HARRIERS	19.42
22.	C. GIBSON	KILBARCHAN AAC	19.46
23.	K. FARR	GLENIFFER HIGH SCHOOL	20.04
24.	L. BENDORIS	GIFFNOCK NORTH AC	20.12
25.	G. GILLESPIE	GIFFNOCK NORTH AC	20.13
26.	D. HAY	AIRDRIE HARRIERS	20.14
27.	L. STIRLING	KIRKINTILLOCH OLYMPIANS	20.16
28.	M. DUNN	STRATHKELVIN LAIDES AC	20.18
29.	K. LAIRD	LAW & DISTRICT AC	20.28
30.	J. CLONEY	KILBARCHAN AAC	20.37
31.	K. DRAIN	CAMBUSLANG HARRIERS	20.39
32.	G. ARTHUR	GLENIFFER HIGH SCHOOL	20.40
33.	L. JAMIESON	STRATHKELVIN LADIES AC	20.42
34.	K. AYRE	VICTORIA PARK AC	20.45
35.	C. McKEE	STRATHKELVIN LADIES AC	21.00
36.	L. HANVEY	IRVINE AC	21.07
37.	J. DUNCAN	VICTORIA PARK AC	21.09
38.	T. BUCHANAN	KIRKINTILLOCH OLYMPIANS	21.14
39.	C. MORGAN	AIRDRIE HARRIERS	21.19
40.	L. ROSE	GLENIFFER HIGH SCHOOL	21.28
41.	K. SHIELDS	GIFFNOCK NORTH AC	21.31
42.	L. SINCLAIR	GLENIFFER HIGH SCHOOL	21.32
43.	A. GILLIS	STEWARTRYAC	21.45
44.	R. TODD	CAMBUSLANG HARRIERS	22.05
45.	F. BAILIE	GLENIFFER HIGH SCHOOL	22.05
46.	K. STURGEON	CITY OF GLASGOW AC	22.06
47.	C. DOCHERTY	AIRDRIE HARRIERS	22.50
48.	M. BLACK	LAW & DISTRICT	22.54
49.	C. SMITH	GLENIFFER HIGH SCHOOL	23.03
50.	V. McALLISTER	AIRDRIE HARRIERS	23.37
51.	L. HAMILL	GREENOCK GLENPARK HARRIERS	24.03
52.	H. MARTIN	GLENIFFER HIGH SCHOOL	24.08
53.	L. BRESLIN	GLENIFFER HIGH SCHOOL	24.27
54.	K. WATT	AYR SEAFORTH	24.57
55.	A. REID	CITY OF GLASGOW AC	25.28
56.	J. HARKINS	CITY OF GLASGOW AC	25.45

WEST DISTRICT CHAMPIONSHIPSU15 GIRLSTEAMS

1	CITY OF GLASGOW			
	C. Fagan (1)	L. MacRae (6)	M. Cameron (7)	14 Points
2	GIFFNOCK NORTH AC			
	S. Stevenson (3)	S. McKenzie (14)	L. Bendoris(24)	41 Points
3	KILBARCHAN AAC			
	S. McGrenaghan (5)	K. Yule (15)	C. Gibson (22)	42 Points
4	GLENIFFER HIGH SCHOOL			
	D. Kerr (16)	K. Farr (23)	G. Arthur (32)	71 Points
5	AYR SEAFORTH ACT			
	E. McGahon (9)	R. Clark (11)	K. Watt (54)	74 Points
6	VICTORIA PARK AAC			
	L. Newton (18)	K. Ayre (34)	J. Duncan (37)	89 Points
7	STRATHKELVIN LADIES AC			
	M. Dunn (28)	L. Jamieson (33)	C. McKee (35)	96 Points
8	CAMBUSLANG HARRIERS			
	L. Farmer (21)	K. Drain (31)	R. Todd (44)	96 Points
9	AIRDRIE HARRIERS			
	D. Hay (26)	C. Morgan (39)	C. Docherty (47)	112 Points

WEST DISTRICT CHAMPIONSHIPSU15 BOYS

1.	A. McINDOE	AYR SEAFORTH AC	18.15
2.	K. McKENNA	EAST KILBRIDE AC	18.27
3.	C. HENDERSON	EAST KILBRIDE AC	18.53
4.	M. POLLARD	IBM SPANGO VALLEY AC	19.28
5.	C. WATSON	VICTORIA PARK AC	19.43
6.	A. SHIELDS	CAMBUSLANG HARRIERS AC	19.49
7.	M. RUDZINSKI	CLYDESDALE HARRIERS	19.56
8.	R. MARK	GREENOCK GLENPARK HARRIERS	20.02
9.	G. MALONE	CAMBUSLANG HARRIERS	20.09
10.	C. BARLAS	GREENOCK GLENPARK HARRIERS	20.16
11.	J. SMITH	IRVINE AC	20.27
12.	C. GEORGE	GIFFNOCK NORTH AC	20.29
13.	R. O'BRIEN	GREENOCK GLENPARK HARRIERS	20.39
14.	G. LEGG	AYR SEAFORTH AC	20.40
15.	G. ALLAN	CAMBUSLANG HARRIERS	20.41
16.	D. SHANNON	JW KILMARNOCK	20.41
17.	R. ELLIOT	GLENIFFER HIGH SCHOOL	20.44
18.	D. WATSON	VICTORIA PARK	20.47
19.	C. McCANN	LAW & DISTRICT AC	20.49
20.	M. McKENNA	LUCOZADE MOTHERWELL	21.05
21.	P. McNALLY	CAMBUSLANG HARRIERS	21.09
22.	R. CHAPLIN	GIFFNOCK NORTH AC	21.14
23.	J. KERR	NITHSDALE AC	21.25
24.	A. THOMSON	KILBARCHAN AC	21.28
25.	B. WARD	L & L TRACK CLUB	21.33
26.	S. CHISHOLM	VICTORIA PARK	21.36
27.	S. BERESFORD	SHETTLESTON HARRIERS	21.37
28.	N. MORRISON	KILBARCHAN AC	21.39
29.	B. McTAVISH	LUCOZADE MOTHERWELL	21.42
30.	J. McLAREN	SHETTLESTON HARRIERS	21.42
31.	S. McNAIR	CAMBUSLANG HARRIERS	21.49
32.	G. LYNCH	ANNAN & DISTRICT	22.01
33.	E. JARDINE	GIRVAN AC	22.03
34.	S. CRAPNELL	KILBARCHAN AAC	22.12
35.	R. McLACHLAN	VICTORIA PARK	22.22
36.	M. CROOCH	GIFFNOCK NORTH AC	22.26
37.	J. BARR	SHETTLESTON HARRIERS	22.34
38.	C. THOMPSON	SHETTLESTON HARRIERS	22.34
39.	K. ROBERTSON	CAMBUSLANG HARRIERS	22.34
40.	I. THOMAS	GARSCUBE HARRIERS	22.38
41.	R. COLLINS	IRVINE FC	22.48
42.	R. MORRISON	L & L TRACK CLUB	22.54
43.	G. CARROLL	GIFFNOCK NORTH AC	22.59
44.	L. BROWN	L & L TRACK CLUB	23.48
45.	M. HOUSTON	KIRKINTILLOCH OLYMPIANS	23.52
46.	D. PATTISON	GLENIFFER HIGH SCHOOL	24.00
47.	D. WATSON	GLENIFFER HIGH SCHOOL	24.07
48.	C. MOONEY	L & L TRACK CLUB	24.35
49.	G. NICHOLSON	IRVINE AC	24.39
50.	R. FOX	CAMBUSLANG HARRIERS	24.47
51.	C. HOY	JW KILMARNOCK HARRIERS	25.57
52.	G. BURNS	JW KILMARNOCK HARRIERS	26.33
53.	D. FERRIER	GLENIFFER HIGH SCHOOL	28.33

WEST DISTRICT CHAMPIONSHIPS

U15 BOYS

TEAMS

1	CAMBUSLANG HARRIERS			
	A. Shields (6)	G. Malone (9)	G. Allan (15)	30 Points
2	GREENOCK GLENPARK HARRIERS			
	R. Mark (8)	C. Barlas (10)	R. O'Brien (13)	31 Points
3	VICTORIA PARK AAC			
	C. Watson (5)	D. Watson (18)	S. Chisholm (26)	49 Points
4	GIFFNOCK NORTH AAC			
	C. George (12)	R. Chaplin (22)	M. Crooch (36)	70 Points
5	KILBARCHAN AAC			
	A. Thomson (24)	N. Morrison (28)	S. Crapnell (34)	86 Points
6	SHETTLESTON HARRIERS			
	S. Beresford (27)	J. McLaren (30)	J. barr (37)	94 Points
7	IRVINE AC			
	J. Smith (11)	R. Collins (41)	G. Nicholson (49)	101 Points
8	GLENIFFER HIGH SCHOOL			
	R. Elliot (17)	D. Pattison (46)	D. Watson (47)	110 Points
9	L & L TRACK CLUB			
	B. Ward (25)	R. Morrison (42)	L. Brown (44)	111 Points
10	JW KILMARNOCK HARRIERS			
	D. Shannon (16)	C. Hoy (51)	G. Burns (52)	119 Points

WEST DISTRICT CHAMPIONSHIPS

U17 WOMEN

1.	J. ROSS	VICTORIA PARK AC	22.09
2.	K. MUNRO	CITY OF GLASGOW AC	22.36
3.	A. DALY	CITY OF GLASGOW AC	23.00
4.	H. TOWNSEND	KILBARCHAN AAC	23.23
5.	M. ROSS	VICTORIA PARK AC	23.29
6.	R. GALLACHER	STRATHKELVIN LADIES AC	24.23
7.	K. LIMOND	CITY OF GLASGOW AC	24.42
8.	K. PIGGOT	CITY OF GLASGOW AC	24.53
9.	T. McINTOSH	AYR SEAFORTH AC	25.38
10.	S. HAY	GARSCUBE HARRIERS AC	25.46
11.	P. ANDREWS	GREENOCK GLENPARK HARRIERS	26.23
12.	N. AITCHISON	GLENIFFER HIGH SCHOOL	26.28
13.	V. FARMER	CAMBUSLANG HARRIERS	26.32
14.	L. McINTOSH	AYR SEAFORTH AC	26.38
15.	Z. McGURN	GLENIFFER HIGH SCHOOL	26.46
16.	C. McCARRON	AIRDRIE HARRIERS	27.02
17.	P. GAFFNEY	CITY OF GLASGOW AC	27.43
18.	G. THOMSON	GLENIFFER HIGH SCHOOL	28.00
19.	C. BENZIE	CAMBUSLANG HARRIERS	28.35
20.	A. WHYTE	GLENIFFER HIGH SCHOOL	29.05
21.	S. CLONEY	KILBARCHAN AAC	30.27
22.	G. MORROW	GLENIFFER HIGH SCHOOL	32.38
23.	J. EMANS	CAMBUSLANG HARRIERS	32.54

TEAMS

1	CITY OF GLASGOW AC			
	K. Munro (2)	A. Daly (3)	K. Limond (7)	12 Points
2	GLENIFFER HIGH SCHOOL			
	N. Aitchison (12)	Z. McGurn (15)	G. Thomson (18)	45 Points
3	CAMBUSLANG HARRIERS			
	V. Farmer (13)	C. Benzie (19)	J. Emans (23)	55 Points

WEST DISTRICT CHAMPIONSHIPSU17 BOYS

1.	G. FERGUSON	CAMBUSLANG HARRIERS	23.22
2.	A. McCUTCHEON	JW KILMARNOCK HARRIERS	23.23
3.	D. MAY	GLENIFFER HIGH SCHOOL	23.54
4.	I. MURDOCH	AVONSIDE TRACK CLUB	23.55
5.	D. MUNRO	CAMBUSLANG HARRIERS	24.18
6.	C. MENELAWS	LUCOZADE MOTHERWELL	24.23
7.	C. GOURLEY	JW KILMARNOCK HARRIERS	24.28
8.	R. SMART	LARKHALL YMCA HARRIERS	24.33
9.	G. ROBERTSON	CAMBUSLANG HARRIERS	24.41
10.	R. MONTGOMERY	IRVINE AC	24.48
11.	M. GRAHAM	SHETTLESTON HARRIERS	24.53
12.	P. UPPAL	VICTORIA PARK	24.55
13.	S. CARSON	CAMBUSLANG HARRIERS	24.57
14.	J. KEALEY	CAMBUSLANG HARRIERS	24.58
15.	C. BERRY	KILBARCHAN AAC	25.00
16.	S. COPLAND	GLENIFFER HIGH SCHOOL	25.04
17.	B. MENZIES	JW KILMARNOCK HARRIERS	25.18
18.	B. CHRISTIE	GLENIFFER HIGH SCHOOL	25.28
19.	C. BURKE	IRVINE AC	25.39
20.	C. McLEAN	GREENOCK GLENPARK HARRIERS	25.41
21.	R. McSHANE	GREENOCK GLENPARK HARRIERS	25.43
22.	W. BAIN	CAMBUSLANG HARRIERS	25.57
23.	R. McALISTER	AIRDRIE HARRIERS	25.28
24.	C. GARRETT	AYR SEAFORTH	26.05
25.	H. HENDERSON	EAST KILBRIDE AC	26.11
26.	K. LIVINGSTONE	GIRVAN AC	26.20
27.	R. DOCHERTY	GREENOCK GLENPARK HARRIERS	26.24
28.	A. GREIG	KILBARCHAN AAC	26.25
29.	S. RITCHIE	CAMBUSLANG HARRIERS AC	26.29
30.	P. DAILLY	KILBARCHAN AAC	26.34
31.	S. KEENAN	AYR SEAFORTH	26.38
32.	A. WILLIAMSON	LARKHALL YMCA HARRIERS	26.40
33.	P. NICOL	VICTORIA PARK AAC	27.04
34.	A. McDONALD	GLENIFFER HIGH SCHOOL	27.09
35.	R. ROSSBOROUGH	CLYDESDALE HARRIERS	27.12
36.	J. McLOONE	KIRKINTILLOCH OLYMPIANS	27.17
37.	I. MELVIN	GIFFNOCK NORTH AC	27.51
38.	S. NISBET	IRVINE AC	28.05
39.	C. ROSS	AYR SEAFORTH	29.14
40.	G. KENNEDY	CLYDESDALE HARRIERS	29.32
41.	A. GILFILLAN	KIRKINTILLOCH OLYMPIANS	29.45
42.	S. KAY	IRVINE AC	30.14
43.	G. PARKER	GREENOCK GLENPARK HARRIERS	30.25
44.	G. CAMPBELL	AIRDRIE HARRIERS	30.51
45.	W. EARNSHAW	KIRKINTILLOCH OLYMPIANS	31.17
46.	S. GILFEATHER	GIFFNOCK NORTH AC	34.58

WEST DISTRICT CHAMPIONSHIPS

U17 BOYS

TEAMS

1.	CAMBUSLANG HARRIERS			
	G. Ferguson (1)	D. Munro (5)	G. Robertson (9)	15 Points
2.	JW KILMARNOCK HARRIERS			
	A. McCutcheon (2)	C. Gourlay (7)	B. Menzies (17)	26 Points
3.	GLENIFFER HIGH SCHOOL			
	D. May (3)	S. Copland (16)	B. Christie (18)	37 Points
4.	IRVINE AC			
	R. Montgomery (10)	C. Burke (19)	S. Nisbet (38)	67 Points
5.	GREENOCK GLENPARK HARRIERS			
	C. McLean (20)	R. McShane (21)	R. Docherty (27)	68 Points
6.	KILBARCHAN AAC			
	C. Berry (15)	A. Greig (28)	P. Dailly (30)	73 Points
7.	AYR SEAFORTH AC			
	C. Garrett (24)	S. Keenan (31)	C. Ross (39)	94 Points
8.	KIRKINTILLOCH OLYMPIANS			
	J. McLoone (36)	A. Gilfillan (41)	W. Earnshaw (45)	122 Points

WEST DISTRICT CHAMPIONSHIPS

U17 BOYS

TEAMS

1.	CAMBUSLANG HARRIERS			
	G. Ferguson (1)	D. Munro (5)	G. Robertson (9)	15 Points
2.	JW KILMARNOCK HARRIERS			
	A. McCutcheon (2)	C. Gourlay (7)	B. Menzies (17)	26 Points
3.	GLENIFFER HIGH SCHOOL			
	D. May (3)	S. Copland (16)	B. Christie (18)	37 Points
4.	IRVINE AC			
	R. Montgomery (10)	C. Burke (19)	S.Nisbet (38)	67 Points
5.	GREENOCK GLENPARK HARRIERS			
	C. McLean (20)	R. McShane (21)	R. Docherty (27)	68 Points
6.	KILBARCHAN AAC			
	C. Berry (15)	A. Greig (28)	P. Dailly (30)	73 Points
7.	AYR SEAFORTH AC			
	C. Garrett (24)	S. Keenan (31)	C. Ross (39)	94 Points
8.	KIRKINTILLOCH OLYMPIANS			
	J. McLoone (36)	A. Gilfillan (41)	W. Earnshaw (45)	122 Points

WEST DISTRICT CHAMPIONSHIPS

JUNIOR/SENIOR/VET WOMEN

1.	L. CAIRNS	JW KILMARNOCK HARRIERS	25.11
2.	H.M. CHUNG	SHETTLESTONLADIES	25.32
3.	M. GEMMELL	STRATHKELVIN LADIES AC	25.46
4.	C. THOMSON	CITY OF GLASGOW	25.54
5.	A. McPHAIL	GLASGOW UNIV H & H	26.09
6.	C. MORRISON (J)	GLASGOW UNIV H & H	26.16
7.	J. McDEVITT	CITY OF GLASGOW	26.27
8.	C. McFADDEN	CITY OF GLASGOW	26.36
9.	P. CRAWLEY (J)	CITY OF GLASGOW	27.27
10.	G. WALKER	CITY OF GLASGOW	27.40
11.	C. BLAIR	STRATHCLYDE UNIV. HARRIERS	27.47
12.	A. HIGGINS	STRATHCLYDE UNIV. HARRIERS	27.55
13.	H. MORTON (V)	IRVINE AC	28.32
14.	P. ROBERTSON	GLASGOW UNIV H & H	28.38
15.	M. CAMPBELL	KILBARCHAN AAC	29.07
16.	D. SCOTT	IRVINE AC	29.10
17.	C. McINNES	KIRKINTILLOCH OLYMPIANS	29.13
18.	M. LINDEN	STRATHCLYDE UNIV HARRIERS	29.14
19.	J. COX (J)	CITY OF GLASGOW AC	29.28
20.	J. THOMSON	CITY OF GLASGOW	29.37
21.	S. YODEN (J)	JW KILMARNOCK HARRIERS	29.45
22.	M. MILLER (V)	IRVINE AC	30.03
23.	J. ARMSTRONG (V)	GIFFNOCK NORTH AC	30.12
24.	J. KING	CITY OF GLASGOW AC	30.18
25.	K. TODD (V)	JW KILMARNOCK HARRIERS	30.24
26.	H. MILLAR	GIFFNOCK NORTH AC	30.32
27.	J. ROBERTSON	WESTERLANDS CCC	30.36
28.	A. McBRIDE	HELENSBURGH AAC	30.41
29.	C. LEGG (V)	ANNAN & DISTRICT AC	30.49
30.	E. BOYD (V)	AYR SEAFORTH	30.55
31.	E. BAXTER	WESTERLANDS CCC	30.59
32.	A. BRUCE (V)	STRATHKELVIN LADIES AC	31.02
33.	K. CHAPMAN (V)	KILBARCHAN AAC	31.04
34.	F. SIMPSON	AYR SEAFORTH	31.07
35.	N. YODEN (J)	JW KILMARNOCK	31.12
36.	A. STEWART	KIRKINTILLOCH OLYMPIANS	31.36
37.	P. SADLER	GLASGOW UNIV H & H	31.37
38.	J. BYNG (V)	IRVINE AC	31.39
39.	L. McGARRY (V)	IRVINE AC	32.39
40.	C. FAIRWEATHER	STRATHCLYDE UNIV HAR	32.39
41.	A. HAY (V)	GREENOCK GLENPARK HARRIERS	32.52
42.	P. McLAUGHLIN (V)	WESTERLANDS CCC	32.57
43.	N. JENNISON (V)	HELENSBURGH AAC	33.47
44.	J. STEVENSON (V)	IRVINE AC	33.47
45.	S. McLAUGHLIN	IBM SPANGO VALLEY	34.01
46.	M. BURKE (V)	IRVINE AC	34.20
47.	J. WALKER (V)	GIFFNOCK NORTH AC	34.28
48.	S. ROBINSON	GIFFNOCK NORTH AC	34.47
49.	B. ROBERTSON	JW KILMARNOCK	35.03
50.	V. KERR (V)	GIFFNOCK NORTH AC	35.21
51.	C. MURRAY (V)	KILBARCHAN AAC	36.03
52.	A. FLYNN (V)	KIRKINTILLOCH OLYMPIANS	36.55
53.	M. CAMERON (V)	GIFFNOCK NORTH AC	37.37
54.	F. MARSHALL (V)	GIFFNOCK NORTH AC	37.40
55.	M. ROBERTSON (V)	TROON TORTOISES	37.47
56.	L. SUTHERLAND (V)	KIRKINTILLOCH OLYMPIANS	37.55
57.	A. RICHARDS (V)	KILBARCHAN AAC	38.31
58.	M. SOUTHERN (V)	GIFFNOCK NORTH AC	38.53
59.	R. FORDICE (V)	GIFFNOCK NORTH AC	44.13

WEST DISTRICT CHAMPIONSHIPS

JUNIOR/SENIOR/VET WOMEN

<u>TEAMS</u>	<u>SENIOR LADIES</u>			
1.	CITY OF GLASGOW			
	C. Thomson (4)	J. McDevitt (7)	C. McFadden (8)	19 Points
2.	GLASGOW UNIVERSITY			
	A. McPHAIL (5)	C. Morrison (6)	P. Robertson (14)	25 Points
3.	STRATHCLYDE UNIVERSITY			
	C. Blair (11)	A. Higgins (12)	M. Linden (18)	41 Points
4.	IRVINE AC			
	H. Morton (13)	D. Scott (16)	M. Miller (22)	51 Points
5.	JW KILMARNOCK			
	L. Cairns (1)	K. Todd (25)	B. Robertson (49)	75 Points
6.	GIFFNOCK NORTH AC			
	J. Armstrong (23)	H. Millar (26)	J. Walker (47)	96 Points
7.	KILBARCHAN AAC			
	M. Campbell (15)	K. Chapman (33)	C. Murray (51)	99 Points
8.	WESTERLANDS CCC			
	J. Robertson (27)	E. Baxter (31)	P. McLaughlin (42)	100 Points
9.	KIRKINTILLOCH OLYMPIANS			
	C. McInnes (17)	A. Stewart (36)	A. Flynn (52)	105 Points

1st Veteran Lady - Helen Morton (13) Irvine Ac 28.30

1st Junior Lady - C. Morrison (6) Glasgow Univ. 26.16

WEST DISTRICT CHAMPIONSHIPS

JUN/SENIOR/VET MEN

1.	T. MURRAY	IBM SPANGO VALLEY	33.23
2.	A. CALLAN	SHETTLESTON HARRIERS	33.44
3.	W. COYLE	SHETTLESTON HARRIERS	34.08
4.	G. WIGHT	SHETTLESTON HARRIERS	34.20
5.	T. MURPHY	CLYDESDALE HARRIERS	34.38
6.	A. LITTLE	SHETTLESTON HARRIERS	34.39
7.	D. RUNCIMAN	CAMBUSLANG HARRIERS	34.40
8.	C. THOMSON	CAMBUSLANG HARRIERS	34.41
9.	J. AUSTIN	CLYDESDALE HARRIERS	34.55
10.	D. ROACHE	CLYDESDALE HARRIERS	35.00
11.	J. LAIRD	DUMFRIES RUNNING CLUB	35.10
12.	S. BARNETT	VICTORIA PARK	35.22
13.	A. RUSSELL	LAW & DISTRICT	35.45
14.	E. TONNER	JW KILMARNOCK HARRIERS	35.47
15.	B. RICHARDSON	IRVINE AC	36.03
16.	S. McVEIGH	CAMBUSLANG HARRIERS	36.04
17.	D. McGONIGLE	SHETTLESTON HARRIERS	36.07
18.	A. MUIR	STRATHCLYDE UNIV HARRIERS	36.14
19.	M. RIGBY	WESTERLANDS CCC	36.29
20.	J. REID	LAW & DISTRICT	36.34
21.	J. GOLDIE	JW KILMARNOCK HARRIERS	36.45
22.	D. SCOBIE	DUMFRIES RUNNING CLUB	36.46
23.	A. JENKINS (V)	CAMBUSLANG HARRIERS	36.52
24.	J. McFADYEN	GREENOCK GLENPARK	37.03
25.	B. SCALLY	SHETTLESTON HARRIERS	37.12
26.	T. TIPPING	IBM SPANGO VALLEY	37.13
27.	C. SPENCE (V)	IBM SPANGO VALLEY	37.15
28.	D. GEMMELL (V)	CLYDESDALE HARRIERS	37.18
29.	C. GREENHAUGH	VICTORIA PARK	37.28
30.	A. CHALMERS	SPRINGBURN HARRIERS	37.30
31.	K. DOWNIE	CAMBUSLANG HARRIERS	37.38
32.	D. HALPIN	CLYDESDALE HARRIERS	37.43
33.	J. SNODGRASS	KILBARCHAN AAC	37.50
34.	G. LYON (J)	EAST KILBRIDE	37.52
35.	C. LITTLE	VICTORIA PARK	37.53
36.	L. RICHARDSON	IRVINE AC	37.54
37.	S. SMITH	GLASGOW UNIV H & H	37.59
38.	L. BAKER	AYR SEAFORTH	37.59
39.	L. CAMPBELL	GLASGOW UNIV H & H	38.02
40.	G. BAILLIE (J)	EAST KILBRIDE AC	38.06
41.	M. GILL	CAMBUSLANG HARRIERS	37.38
42.	M. PATON (J)	SPRINGBURN HARRIERS	38.19
43.	F. HURLEY (V)	CAMBUSLANG HARRIERS	38.22
44.	J. FROOD	LAW & DISTRICT AC	38.28
45.	J. GEMMELL	CUMNOCK & DISTRICT	38.33

JUNIOR/SENIOR/VET MEN - continued

90.	I. MacDONALD (V)	IBM SPANGO VALLEY	41.03
91.	I. BEATTIE	TROON TORTOISES	41.07
92.	N. HENDERSON	ANNAN & DISTRICT	41.10
93.	P. ALLAN	AYR SEAFORTH	41.11
94.	A. RAMAGE	LAW & DISTRICT AC	41.12
95.	R. RONALD (V)	EAST KILBRIDE AAC	41.16
96.	D. SHARP (J)	CUMBERNAULD AC	41.17
97.	D. McNEILL	GREENOCK CLENPARK	41.18
98.	M. FRESHOUR	CAMBUSLANG HARRIERS	41.20
99.	A. LAW (V)	AYR SEAFORTH	41.20
100.	C. PARTRIDGE	GLASGOW UNIV H & H	41.20
101.	R. SHAW (V)	GREENOCK GLENPARK HARRIERS	41.21
102.	I. AIRDRIE	GIFFNOCK NORTH AC	41.24
103.	R. CHEYNE (V)	IRVINE AC	41.32
104.	G. ALLAN	CALDERGLEN HARRIERS	41.36
105.	M. DIVER	CLYESDALE HARRIERS	41.54
106.	A. MacLAUCHLAN	GIFFNOCK NORTH AC	41.56
107.	D. MITCHELL	JW KILMARNOCK HARRIERS	41.56
108.	A. NICOL (V)	VICTORIA PARK	42.00
109.	T. DOLAN (V)	CAMBUSLANG HARRIERS	42.02
110.	A. HENDERSON (V)	CALDERGLEN HARRIERS	42.03
111.	D. PETRIE	KILBARCHAN AAC	42.03
112.	A. MITCHELL (J)	EAST KILBRIDE AC	42.03
113.	C. THOMSON (V)	GIFFNOCK NORTH AC	42.03
114.	J. BENNETT	GREENOCK GLENPARK HARRIERS	42.05
115.	S. HARDS	KILBARCHAN AAC	42.05
116.	T. McPAKE (V)	CAMBUSLANG HARRIERS	42.10
117.	A. McKERRACHER (J)	VICTORIA PARK	42.19
118.	M. HAND	LAW & DISTRICT	42.20
119.	S. WOODWARD (J)	CAMBUSLANG HARRIERS	42.22
120.	C. RANKIN	GIFFNOCK NORTH AC	42.30
121.	P. SMITH (V)	CUMNOCK & DISTRICT	42.30
122.	G. REID	WESTERLANDS CCC	42.35
123.	S. MORTON (J)	JW KILMARNOCK HARRIERS	42.37
124.	P. OGDEN (V)	CAMBUSLANG HARRIERS	42.39
125.	P. McGREGOR (V)	VICTORIA PARK	42.42
126.	B. CAMPBELL (V)	GIFFNOCK NORTH	42.44
127.	P. KELLY (V)	LAW & DISTRICT	42.44
128.	T. DAVERS (V)	DUMFRIES RUNNING CLUB	42.45
129.	S. EAGLESHAM	CAMBUSLANG HARRIERS	42.47
130.	D. GEDDES (V)	GARSCUBE HARRIERS	42.53
131.	P. WINDLE	BELLAHOUSTON HARRIERS	43.19
132.	W. McLAUGHLIN	GREENOCK GLENPARK HARRIERS	43.30
133.	G. GREENHAUGH (V)	VICTORIA PARK	43.33

JUNIOR/SENIOR/VET MEN - continued

178.	B. DAVIES	ANNAN & DISTRICT	48.09
179.	A. MUIR (V)	CALDERGLEN HARRIERS	48.10
180.	F. WRIGHT (V)	SPRINGBURN HARRIERS	48.23
181.	N. TRAVERS (V)	MILLBURN HARRIERS	48.24
182.	I. CULLEN	GARSCUBE HARRIERS	48.32
183.	I. DUNN (V)	GARSCUBE HARRIERS	48.35
184.	E. RAMAGE	EAST KILBRIDE	48.54
185.	D. WARDROP	GIFFNOCK NORTH	49.05
186.	J. KERR (V)	GREENOCK GLENPARK	49.05
187.	G. McCONNELL	KIRKINTILLOCH OLYMPIANS	49.07
188.	B. STEWART (V)	CALDERGLEN HARRIERS	49.12
189.	I. CAMPBELL (V)	KIRKINTILLOCH OLYMPIANS	49.14
190.	C. McKIE (V)	GIFFNOCK NORTH AC	49.32
191.	J. MICOUD (V)	MARYHILL HARRIERS	49.41
192.	W. MUTTEN (V)	JW KILMARNOCK	49.43
193.	W. DRYSDALE (V)	LAW & DISTRICT AC	49.46
194.	A. CAIRNEY	VICTORIA PARK	49.52
195.	C. MORAN	GLASGOW UNIV H&H	49.53
196.	P. RUDZINSKI	CLYDESDALE HARRIERS	49.59
197.	G. KENNEDY (V)	CLYDESDALE HARRIERS	50.00
198.	C. COLNER (V)	HELENSBURGH AAC	50.04
199.	J. QUINN (V)	CAMBUSLANG HARRIERS	50.22
200.	G. MALONE (V)	TROON TORTOISES	50.44
201.	J. ROBERTSON (V)	MILBURN	51.14
202.	S. McKIE (V)	DUMFRIES RUNNING CLUB	51.20
203.	J. WATT	MILBURN	51.32
204.	M. BUCHANAN (V)	CALDERGLEN HARRIERS	51.57
205.	I. McMANUS (V)	IRVINE AC	52.07
206.	B. STEIN (V)	GIFFNOCK NORTH AC	52.13
207.	P. BAKER (V)	MILBURN	53.16
208.	A. WATSON (V)	GIFFNOCK NORTH AC	53.41
209.	D. KERR (V)	IRVINE AC	54.03
210.	E. SMYTH	IBM SPANGO VALLEY	54.45
211.	D. TURNBULL (V)	EAST KILBRIDE AC	54.47
212.	T. KNIGHT (V)	GREENOCK GLENPARK	54.52
213.	G. SHORT (V)	JW KILMARNOCK HARRIERS	55.06
214.	B. SIMPSON (V)	IRVINE AC	56.44
215.	S. MOXON (V)	KIRKINTILLOCH OLYMPIANS	57.25
216.	C. McDONALD (V)	CALDERGLEN HARRIERS	57.40
217.	B. COLLIE (V)	BELLAHOUSTON HARRIERS	60.36
218.	J. SANDS	CAMBUSLANG HARRIERS	63.29

WEST DISTRICT CHAMPIONSHIPS

JUNIOR MEN

G. LYON	EAST KILBRIDE AC	37.52
G. BAILLIE	EAST KILBRIDE AC	38.05
M. PATON	SPRINGBURN HARRIERS	38.19

TEAMS

1. EAST KILBRIDE AC

G. Lyon (1)	G. Baillie (2)	C. Clement (4)	7 Points
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2. CAMBUSLANG HARRIERS

S. South (4)	J. Thomson (7)	S. Woodward (9)	20 Points
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WEST DISTRICT CHAMPIONSHIPS

SENIOR MEN

T. MURRAY	IBM SPANGO VALLEY	33.23
A. CALLAN	SHETTLESTON	33.44
W. COYLE	SHETTLESTON	34.08

TEAMS

1. SHETTLESTON

A. Callan (2)	W. Coyle (3)	G. Wight (4)	
A. Little (6)	D. McGonigle (17)	B. Scally (25)	57 Points

2. CAMBUSLANG

D. Thom (7)	C. Thomson (8)	S. McVeigh (16)	
A. Jenkins (23)	K. Downie (31)	M. Gill (41)	126 Points

3. CLYDESDALE

I. Murphy (5)	J. Austin (9)	D. Roache (10)	
D. Gemmell (28)	D. Halpin (32)	J. Hanratty (62)	146 Points

WEST DISTRICT CHAMPIONSHIPS

JUNIOR MEN

G. LYON	EAST KILBRIDE AC	37.52
G. BAILLIE	EAST KILBRIDE AC	38.05
M. PATON	SPRINGBURN HARRIERS	38.19

TEAMS

1. EAST KILBRIDE AC

G. Lyon (1) G. Baillie (2) C. Clement (4) 7 Points

2. CAMBUSLANG HARRIERS

S. South (4) J. Thomson (7) S. Woodward (9) 20 Points

WEST DISTRICT CHAMPIONSHIPS

U17 WOMEN

1.	J. ROSS	VICTORIA PARK AC	22.09
2.	K. MUNRO	CITY OF GLASGOW AC	22.36
3.	A. DALY	CITY OF GLASGOW AC	23.00
4.	H. TOWNSEND	KILBARCHAN AAC	23.23
5.	M. ROSS	VICTORIA PARK AC	23.29
6.	R. GALLACHER	STRATHKELVIN LADIES AC	24.23
7.	K. LIMOND	CITY OF GLASGOW AC	24.42
8.	K. PIGGOT	CITY OF GLASGOW AC	24.53
9.	T. McINTOSH	AYR SEAFORTH AC	25.38
10.	S. HAY	GARSCUBE HARRIERS AC	25.46
11.	P. ANDREWS	GREENOCK GLENPARK HARRIERS	26.23
12.	N. AITCHISON	GLENIFFER HIGH SCHOOL	26.28
13.	V. FARMER	CAMBUSLANG HARRIERS	26.32
14.	L. McINTOSH	AYR SEAFORTH AC	26.38
15.	Z. McGURN	GLENIFFER HIGH SCHOOL	26.46
16.	C. McCARRON	AIRDRIE HARRIERS	27.02
17.	P. GAFFNEY	CITY OF GLASGOW AC	27.43
18.	G. THOMSON	GLENIFFER HIGH SCHOOL	28.00
19.	C. BENZIE	CAMBUSLANG HARRIERS	28.35
20.	A. WHYTE	GLENIFFER HIGH SCHOOL	29.05
21.	S. CLONEY	KILBARCHAN AAC	30.27
22.	G. MORROW	GLENIFFER HIGH SCHOOL	32.38
23.	J. EMANS	CAMBUSLANG HARRIERS	32.54

TEAMS

1	CITY OF GLASGOW AC			
	K. Munro (2)	A. Daly (3)	K. Limond (7)	12 Points
2	GLENIFFER HIGH SCHOOL			
	N. Aitchison (12)	Z. McGurn (15)	G. Thomson (18)	45 Points
3	CAMBUSLANG HARRIERS			
	V. Farmer (13)	C. Benzie (19)	J. Emans (23)	55 Points

WEST DISTRICT CHAMPIONSHIPS

U17 BOYS

1.	G. FERGUSON	CAMBUSLANG HARRIERS	23.22
2.	A. McCUTCHEON	JW KILMARNOCK HARRIERS	23.23
3.	D. MAY	GLENIFFER HIGH SCHOOL	23.54
4.	I. MURDOCH	AVONSIDE TRACK CLUB	23.55
5.	D. MUNRO	CAMBUSLANG HARRIERS	24.18
6.	C. MENELAWS	LUCOZADE MOTHERWELL	24.23
7.	C. GOURLEY	JW KILMARNOCK HARRIERS	24.28
8.	R. SMART	LARKHALL YMCA HARRIERS	24.33
9.	G. ROBERTSON	CAMBUSLANG HARRIERS	24.41
10.	R. MONTGOMERY	IRVINE AC	24.48
11.	M. GRAHAM	SHETTLESTON HARRIERS	24.53
12.	P. UPPAL	VICTORIA PARK	24.55
13.	S. CARSON	CAMBUSLANG HARRIERS	24.57
14.	J. KEALEY	CAMBUSLANG HARRIERS	24.58
15.	C. BERRY	KILBARCHAN AAC	25.00
16.	S. COPLAND	GLENIFFER HIGH SCHOOL	25.04
17.	B. MENZIES	JW KILMARNOCK HARRIERS	25.18
18.	B. CHRISTIE	GLENIFFER HIGH SCHOOL	25.28
19.	C. BURKE	IRVINE AC	25.39
20.	C. McLEAN	GREENOCK GLENPARK HARRIERS	25.41
21.	R. McSHANE	GREENOCK GLENPARK HARRIERS	25.43
22.	W. BAIN	CAMBUSLANG HARRIERS	25.57
23.	R. McALISTER	AIRDRIE HARRIERS	25.28
24.	C. GARRETT	AYR SEAFORTH	26.05
25.	H. HENDERSON	EAST KILBRIDE AC	26.11
26.	K. LIVINGSTONE	GIRVAN AC	26.20
27.	R. DOCHERTY	GREENOCK GLENPARK HARRIERS	26.24
28.	A. GREIG	KILBARCHAN AAC	26.25
29.	S. RITCHIE	CAMBUSLANG HARRIERS AC	26.29
30.	P. DAILLY	KILBARCHAN AAC	26.34
31.	S. KEENAN	AYR SEAFORTH	26.38
32.	A. WILLIAMSON	LARKHALL YMCA HARRIERS	26.40
33.	P. NICOL	VICTORIA PARK AAC	27.04
34.	A. McDONALD	GLENIFFER HIGH SCHOOL	27.09
35.	R. ROSSBOROUGH	CLYDESDALE HARRIERS	27.12
36.	J. McLOONE	KIRKINTILLOCH OLYMPIANS	27.17
37.	I. MELVIN	GIFFNOCK NORTH AC	27.51
38.	S. NISBET	IRVINE AC	28.05
39.	C. ROSS	AYR SEAFORTH	29.14
40.	G. KENNEDY	CLYDESDALE HARRIERS	29.32
41.	A. GILFILLAN	KIRKINTILLOCH OLYMPIANS	29.45
42.	S. KAY	IRVINE AC	30.14
43.	G. PARKER	GREENOCK GLENPARK HARRIERS	30.25
44.	G. CAMPBELL	AIRDRIE HARRIERS	30.51
45.	W. EARNSHAW	KIRKINTILLOCH OLYMPIANS	31.17
46.	S. GILFEATHER	GIFFNOCK NORTH AC	34.58

WEST DISTRICT CHAMPIONSHIPS

U17 BOYS

TEAMS

1.	CAMBUSLANG HARRIERS			
	G. Ferguson (1)	D. Munro (5)	G. Robertson (9)	15 Points
2.	JW KILMARNOCK HARRIERS			
	A. McCutcheon (2)	C. Gourlay (7)	B. Menzies (17)	26 Points
3.	GLENIFFER HIGH SCHOOL			
	D. May (3)	S. Copland (16)	B. Christie (18)	37 Points
4.	IRVINE AC			
	R. Montgomery (10)	C. Burke (19)	S. Nisbet (38)	67 Points
5.	GREENOCK GLENPARK HARRIERS			
	C. McLean (20)	R. McShane (21)	R. Docherty (27)	68 Points
6.	KILBARCHAN AAC			
	C. Berry (15)	A. Greig (28)	P. Dailly (30)	73 Points
7.	AYR SEAFORTH AC			
	C. Garrett (24)	S. Keenan (31)	C. Ross (39)	94 Points
8.	KIRKINTILLOCH OLYMPIANS			
	J. McLoone (36)	A. Gilfillan (41)	W. Earnshaw (45)	122 Points

WEST DISTRICT CHAMPIONSHIPS

JUNIOR/SENIOR/VET WOMEN

1.	L. CAIRNS	JW KILMARNOCK HARRIERS	25.11
2.	H.M. CHUNG	SHETTLESTONLADIES	25.32
3.	M. GEMMELL	STRATHKELVIN LADIES AC	25.46
4.	C. THOMSON	CITY OF GLASGOW	25.54
5.	A. McPHAIL	GLASGOW UNIV H & H	26.09
6.	C. MORRISON (J)	GLASGOW UNIV H & H	26.16
7.	J. McDEVITT	CITY OF GLASGOW	26.27
8.	C. McFADDEN	CITY OF GLASGOW	26.36
9.	P. CRAWLEY (J)	CITY OF GLASGOW	27.27
10.	G. WALKER	CITY OF GLASGOW	27.40
11.	C. BLAIR	STRATHCLYDE UNIV. HARRIERS	27.47
12.	A. HIGGINS	STRATHCLYDE UNIV. HARRIERS	27.55
13.	H. MORTON (V)	IRVINE AC	28.32
14.	P. ROBERTSON	GLASGOW UNIV H & H	28.38
15.	M. CAMPBELL	KILBARCHAN AAC	29.07
16.	D. SCOTT	IRVINE AC	29.10
17.	C. McINNES	KIRKINTILLOCH OLYMPIANS	29.13
18.	M. LINDEN	STRATHCLYDE UNIV HARRIERS	29.14
19.	J. COX (J)	CITY OF GLASGOW AC	29.28
20.	J. THOMSON	CITY OF GLASGOW	29.37
21.	S. YODEN (J)	JW KILMARNOCK HARRIERS	29.45
22.	M. MILLER (V)	IRVINE AC	30.03
23.	J. ARMSTRONG (V)	GIFFNOCK NORTH AC	30.12
24.	J. KING	CITY OF GLASGOW AC	30.18
25.	K. TODD (V)	JW KILMARNOCK HARRIERS	30.24
26.	H. MILLAR	GIFFNOCK NORTH AC	30.32
27.	J. ROBERTSON	WESTERLANDS CCC	30.36
28.	A. McBRIDE	HELENSBURGH AAC	30.41
29.	C. LEGG (V)	ANNAN & DISTRICT AC	30.49
30.	E. BOYD (V)	AYR SEAFORTH	30.55
31.	E. BAXTER	WESTERLANDS CCC	30.59
32.	A. BRUCE (V)	STRATHKELVIN LADIES AC	31.02
33.	K. CHAPMAN (V)	KILBARCHAN AAC	31.04
34.	F. SIMPSON	AYR SEAFORTH	31.07
35.	N. YODEN (J)	JW KILMARNOCK	31.12
36.	A. STEWART	KIRKINTILLOCH OLYMPIANS	31.36
37.	P. SADLER	GLASGOW UNIV H & H	31.37
38.	J. BYNG (V)	IRVINE AC	31.39
39.	L. McGARRY (V)	IRVINE AC	32.39
40.	C. FAIRWEATHER	STRATHCLYDE UNIV HAR	32.39
41.	A. HAY (V)	GREENOCK GLENPARK HARRIERS	32.52
42.	P. McLAUGHLIN (V)	WESTERLANDS CCC	32.57
43.	N. JENNISON (V)	HELENSBURGH AAC	33.47
44.	J. STEVENSON (V)	IRVINE AC	33.47
45.	S. McLAUGHLIN	IBM SPANGO VALLEY	34.01
46.	M. BURKE (V)	IRVINE AC	34.20
47.	J. WALKER (V)	GIFFNOCK NORTH AC	34.28
48.	S. ROBINSON	GIFFNOCK NORTH AC	34.47
49.	B. ROBERTSON	JW KILMARNOCK	35.03
50.	V. KERR (V)	GIFFNOCK NORTH AC	35.21
51.	C. MURRAY (V)	KILBARCHAN AAC	36.03
52.	A. FLYNN (V)	KIRKINTILLOCH OLYMPIANS	36.55
53.	M. CAMERON (V)	GIFFNOCK NORTH AC	37.37
54.	F. MARSHALL (V)	GIFFNOCK NORTH AC	37.40
55.	M. ROBERTSON (V)	TROON TORTOISES	37.47
56.	L. SUTHERLAND (V)	KIRKINTILLOCH OLYMPIANS	37.55
57.	A. RICHARDS (V)	KILBARCHAN AAC	38.31
58.	M. SOUTHERN (V)	GIFFNOCK NORTH AC	38.53
59.	R. FORDICE (V)	GIFFNOCK NORTH AC	44.13

WEST DISTRICT CHAMPIONSHIPS

JUNIOR/SENIOR/VET WOMEN

<u>TEAMS</u>	<u>SENIOR LADIES</u>			
1.	CITY OF GLASGOW			
	C. Thomson (4)	J. McDevitt (7)	C. McFadden (8)	19 Points
2.	GLASGOW UNIVERSITY			
	A. McPHAIL (5)	C. Morrison (6)	P. Robertson (14)	25 Points
3.	STRATHCLYDE UNIVERSITY			
	C. Blair (11)	A. Higgins (12)	M. Linden (18)	41 Points
4.	IRVINE AC			
	H. Morton (13)	D. Scott (16)	M. Miller (22)	51 Points
5.	JW KILMARNOCK			
	L. Cairns (1)	K. Todd (25)	B. Robertson (49)	75 Points
6.	GIFFNOCK NORTH AC			
	J. Armstrong (23)	H. Millar (26)	J. Walker (47)	96 Points
7.	KILBARCHAN AAC			
	M. Campbell (15)	K. Chapman (33)	C. Murray (51)	99 Points
8.	WESTERLANDS CCC			
	J. Robertson (27)	E. Baxter (31)	P. McLaughlin (42)	100 Points
9.	KIRKINTILLOCH OLYMPIANS			
	C. McInnes (17)	A. Stewart (36)	A. Flynn (52)	105 Points

1st Veteran Lady - Helen Morton (13) Irvine Ac 28.30

1st Junior Lady - C. Morrison (6) Glasgow Univ. 26.16

WEST DISTRICT CHAMPIONSHIPS

JUN/SENIOR/VET MEN

1.	T. MURRAY	IBM SPANGO VALLEY	33.23
2.	A. CALLAN	SHETTLESTON HARRIERS	33.44
3.	W. COYLE	SHETTLESTON HARRIERS	34.08
4.	G. WIGHT	SHETTLESTON HARRIERS	34.20
5.	T. MURPHY	CLYDESDALE HARRIERS	34.38
6.	A. LITTLE	SHETTLESTON HARRIERS	34.39
7.	D. RUNCIMAN	CAMBUSLANG HARRIERS	34.40
8.	C. THOMSON	CAMBUSLANG HARRIERS	34.41
9.	J. AUSTIN	CLYDESDALE HARRIERS	34.55
10.	D. ROACHE	CLYDESDALE HARRIERS	35.00
11.	J. LAIRD	DUMFRIES RUNNING CLUB	35.10
12.	S. BARNETT	VICTORIA PARK	35.22
13.	A. RUSSELL	LAW & DISTRICT	35.45
14.	E. TONNER	JW KILMARNOCK HARRIERS	35.47
15.	B. RICHARDSON	IRVINE AC	36.03
16.	S. McVEIGH	CAMBUSLANG HARRIERS	36.04
17.	D. McGONIGLE	SHETTLESTON HARRIERS	36.07
18.	A. MUIR	STRATHCLYDE UNIV HARRIERS	36.14
19.	M. RIGBY	WESTERLANDS CCC	36.29
20.	J. REID	LAW & DISTRICT	36.34
21.	J. GOLDIE	JW KILMARNOCK HARRIERS	36.45
22.	D. SCOBIE	DUMFRIES RUNNING CLUB	36.46
23.	A. JENKINS (V)	CAMBUSLANG HARRIERS	36.52
24.	J. McFADYEN	GREENOCK GLENPARK	37.03
25.	B. SCALLY	SHETTLESTON HARRIERS	37.12
26.	T. TIPPING	IBM SPANGO VALLEY	37.13
27.	C. SPENCE (V)	IBM SPANGO VALLEY	37.15
28.	D. GEMMELL (V)	CLYDESDALE HARRIERS	37.18
29.	C. GREENHAUGH	VICTORIA PARK	37.28
30.	A. CHALMERS	SPRINGBURN HARRIERS	37.30
31.	K. DOWNIE	CAMBUSLANG HARRIERS	37.38
32.	D. HALPIN	CLYDESDALE HARRIERS	37.43
33.	J. SNODGRASS	KILBARCHAN AAC	37.50
34.	G. LYON (J)	EAST KILBRIDE	37.52
35.	C. LITTLE	VICTORIA PARK	37.53
36.	L. RICHARDSON	IRVINE AC	37.54
37.	S. SMITH	GLASGOW UNIV H & H	37.59
38.	L. BAKER	AYR SEAFORTH	37.59
39.	L. CAMPBELL	GLASGOW UNIV H & H	38.02
40.	G. BAILLIE (J)	EAST KILBRIDE AC	38.06
41.	M. GILL	CAMBUSLANG HARRIERS	37.38
42.	M. PATON (J)	SPRINGBURN HARRIERS	38.19
43.	F. HURLEY (V)	CAMBUSLANG HARRIERS	38.22
44.	J. FROOD	LAW & DISTRICT AC	38.28
45.	J. GEMMELL	CUMNOCK & DISTRICT	38.33

JUNIOR/SENIOR/VET MEN - continued

90.	I. MacDONALD (V)	IBM SPANGO VALLEY	41.03
91.	I. BEATTIE	TROON TORTOISES	41.07
92.	N. HENDERSON	ANNAN & DISTRICT	41.10
93.	P. ALLAN	AYR SEAFORTH	41.11
94.	A. RAMAGE	LAW & DISTRICT AC	41.12
95.	R. RONALD (V)	EAST KILBRIDE AAC	41.16
96.	D. SHARP (J)	CUMBERNAULD AC	41.17
97.	D. McNEILL	GREENOCK CLENPARK	41.18
98.	M. FRESHOUR	CAMBUSLANG HARRIERS	41.20
99.	A. LAW (V)	AYR SEAFORTH	41.20
100.	C. PARTRIDGE	GLASGOW UNIV H & H	41.20
101.	R. SHAW (V)	GREENOCK GLENPARK HARRIERS	41.21
102.	I. AIRDRIE	GIFFNOCK NORTH AC	41.24
103.	R. CHEYNE (V)	IRVINE AC	41.32
104.	G. ALLAN	CALDERGLEN HARRIERS	41.36
105.	M. DIVER	CLYESDALE HARRIERS	41.54
106.	A. MacLAUCHLAN	GIFFNOCK NORTH AC	41.56
107.	D. MITCHELL	JW KILMARNOCK HARRIERS	41.56
108.	A. NICOL (V)	VICTORIA PARK	42.00
109.	T. DOLAN (V)	CAMBUSLANG HARRIERS	42.02
110.	A. HENDERSON (V)	CALDERGLEN HARRIERS	42.03
111.	D. PETRIE	KILBARCHAN AAC	42.03
112.	A. MITCHELL (J)	EAST KILBRIDE AC	42.03
113.	C. THOMSON (V)	GIFFNOCK NORTH AC	42.03
114.	J. BENNETT	GREENOCK GLENPARK HARRIERS	42.05
115.	S. HARDS	KILBARCHAN AAC	42.05
116.	T. McPAKE (V)	CAMBUSLANG HARRIERS	42.10
117.	A. McKERRACHER (J)	VICTORIA PARK	42.19
118.	M. HAND	LAW & DISTRICT	42.20
119.	S. WOODWARD (J)	CAMBUSLANG HARRIERS	42.22
120.	C. RANKIN	GIFFNOCK NORTH AC	42.30
121.	P. SMITH (V)	CUMNOCK & DISTRICT	42.30
122.	G. REID	WESTERLANDS CCC	42.35
123.	S. MORTON (J)	JW KILMARNOCK HARRIERS	42.37
124.	P. OGDEN (V)	CAMBUSLANG HARRIERS	42.39
125.	P. McGREGOR (V)	VICTORIA PARK	42.42
126.	B. CAMPBELL (V)	GIFFNOCK NORTH	42.44
127.	P. KELLY (V)	LAW & DISTRICT	42.44
128.	T. DAVERS (V)	DUMFRIES RUNNING CLUB	42.45
129.	S. EAGLESHAM	CAMBUSLANG HARRIERS	42.47
130.	D. GEDDES (V)	GARSCUBE HARRIERS	42.53
131.	P. WINDLE	BELLAHOUSTON HARRIERS	43.19
132.	W. McLAUGHLIN	GREENOCK GLENPARK HARRIERS	43.30
133.	G. GREENHAUGH (V)	VICTORIA PARK	43.33

JUNIOR/SENIOR/VET MEN - continued

178.	B. DAVIES	ANNAN & DISTRICT	48.09
179.	A. MUIR (V)	CALDERGLEN HARRIERS	48.10
180.	F. WRIGHT (V)	SPRINGBURN HARRIERS	48.23
181.	N. TRAVERS (V)	MILLBURN HARRIERS	48.24
182.	I. CULLEN	GARSCUBE HARRIERS	48.32
183.	I. DUNN (V)	GARSCUBE HARRIERS	48.35
184.	E. RAMAGE	EAST KILBRIDE	48.54
185.	D. WARDROP	GIFFNOCK NORTH	49.05
186.	J. KERR (V)	GREENOCK GLENPARK	49.05
187.	G. McCONNELL	KIRKINTILLOCH OLYMPIANS	49.07
188.	B. STEWART (V)	CALDERGLEN HARRIERS	49.12
189.	I. CAMPBELL (V)	KIRKINTILLOCH OLYMPIANS	49.14
190.	C. McKIE (V)	GIFFNOCK NORTH AC	49.32
191.	J. MICOUD (V)	MARYHILL HARRIERS	49.41
192.	W. MUTTEN (V)	JW KILMARNOCK	49.43
193.	W. DRYSDALE (V)	LAW & DISTRICT AC	49.46
194.	A. CAIRNEY	VICTORIA PARK	49.52
195.	C. MORAN	GLASGOW UNIV H&H	49.53
196.	P. RUDZINSKI	CLYDESDALE HARRIERS	49.59
197.	G. KENNEDY (V)	CLYDESDALE HARRIERS	50.00
198.	C. COLNER (V)	HELENSBURGH AAC	50.04
199.	J. QUINN (V)	CAMBUSLANG HARRIERS	50.22
200.	G. MALONE (V)	TROON TORTOISES	50.44
201.	J. ROBERTSON (V)	MILBURN	51.14
202.	S. McKIE (V)	DUMFRIES RUNNING CLUB	51.20
203.	J. WATT	MILBURN	51.32
204.	M. BUCHANAN (V)	CALDERGLEN HARRIERS	51.57
205.	I. McMANUS (V)	IRVINE AC	52.07
206.	B. STEIN (V)	GIFFNOCK NORTH AC	52.13
207.	P. BAKER (V)	MILBURN	53.16
208.	A. WATSON (V)	GIFFNOCK NORTH AC	53.41
209.	D. KERR (V)	IRVINE AC	54.03
210.	E. SMYTH	IBM SPANGO VALLEY	54.45
211.	D. TURNBULL (V)	EAST KILBRIDE AC	54.47
212.	T. KNIGHT (V)	GREENOCK GLENPARK	54.52
213.	G. SHORT (V)	JW KILMARNOCK HARRIERS	55.06
214.	B. SIMPSON (V)	IRVINE AC	56.44
215.	S. MOXON (V)	KIRKINTILLOCH OLYMPIANS	57.25
216.	C. McDONALD (V)	CALDERGLEN HARRIERS	57.40
217.	B. COLLIE (V)	BELLAHOUSTON HARRIERS	60.36
218.	J. SANDS	CAMBUSLANG HARRIERS	63.29

WEST DISTRICT CHAMPIONSHIPS

JUNIOR MEN

G. LYON	EAST KILBRIDE AC	37.52
G. BAILLIE	EAST KILBRIDE AC	38.05
M. PATON	SPRINGBURN HARRIERS	38.19

TEAMS

1. EAST KILBRIDE AC

G. Lyon (1)	G. Baillie (2)	C. Clement (4)	7 Points
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2. CAMBUSLANG HARRIERS

S. South (4)	J. Thomson (7)	S. Woodward (9)	20 Points
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WEST DISTRICT CHAMPIONSHIPS

SENIOR MEN

T. MURRAY	IBM SPANGO VALLEY	33.23
A. CALLAN	SHETTLESTON	33.44
W. COYLE	SHETTLESTON	34.08

TEAMS

1. SHETTLESTON

A. Callan (2)	W. Coyle (3)	G. Wight (4)	
A. Little (6)	D. McGonigle (17)	B. Scally (25)	57 Points

2. CAMBUSLANG

D. Thom (7)	C. Thomson (8)	S. McVeigh (16)	
A. Jenkins (23)	K. Downie (31)	M. Gill (41)	126 Points

3. CLYDESDALE

I. Murphy (5)	J. Austin (9)	D. Roache (10)	
D. Gemmell (28)	D. Halpin (32)	J. Hanratty (62)	146 Points

WEST DISTRICT CHAMPIONSHIPS

JUNIOR MEN

G. LYON	EAST KILBRIDE AC	37.52
G. BAILLIE	EAST KILBRIDE AC	38.05
M. PATON	SPRINGBURN HARRIERS	38.19

TEAMS

1. EAST KILBRIDE AC

G. Lyon (1) G. Baillie (2) C. Clement (4) 7 Points

2. CAMBUSLANG HARRIERS

S. South (4) J. Thomson (7) S. Woodward (9) 20 Points